



Chairman's Tête-à-Tête

Hello All, wow what a week it's been, temperatures above 35c just too much! Batty the pony didn't seem to mind, she carried on grazing throughout under the trees. Slater changed his behaviour for a few days, staying out in the open garage or under his lair which consists of a thick bush, he lies under it on the cool earth, trouble is being black, you can't see him which of course is what he likes!

We have also had a visit from a beautiful badger, he was caught on the wildlife camera at 3.15am on the 14th August in the top paddock so now we know what we've suspected for a few weeks that Mr Badger was visiting us, so he is added to our visitor's list of Julian the Fox, several deer and hedgehogs. Not to forget, Eggbert the baby crow. Eggbert is not the brightest cookie, he stands in the middle of the field flapping his wings to attract his ever increasingly frustrated parents to find him food. If they leave him to his own devices as leave him they must, he sits in the tree to the side of the house and shouts at Graham or I to throw something for him, trust us to have a daft baby crow!

Apart from the heat, the other memorable thing for me was the VJ Day commemoration, how moving were the words of the veterans, it was thought provoking for those of us who were not there, how much more for those who were.

New and exciting - Suffolk West is pleased to present a series of talks on Zoom, this is open to all of you and your friends and/or family who use Zoom and we hope they will have wide appeal ranging from literature, medical science, travel, craft, art and dance. Please join us if you can, details are in this issue and the September mailing.

Finally and sadly, I feel that I must draw your attention to the warning about a BT Scam, please read it and note the advice in order to stay safe. Look after yourselves and we will speak again soon.

Julie Higgins, Federation Chairman

Hello from the WI Office It's another jam packed issue for you this fortnight! We've got lots of lovely news from WIs who are beginning to meet again, there's plenty of campaign issues for you to get your teeth stuck into and as promised we've been busy bees putting together a programme of online events for you to enjoy from your sofa, be sure to check out what we have to offer on the back page!

I've also included on the back page a reminder of the WI office details, as well as our BACS details for any payments you need to make to SWFWI.

I'm swapping rural Suffolk for rural North Yorkshire next week, I'll be back at my desk on 1st September, but as always Rachel S will be on hand to help you with any enquiries.

The deadline for the next issue of The Hive is Monday 31 August. Enjoy the bank holiday weekend!

♥ Rachel Hows, Federation Secretary



WARNING! Ladies, please be very careful about phone calls purporting to be from BT.

BT will NEVER phone you about faults on your line, broadband or internet. If you continue with the phone call, scammers can gain control of your computer, manipulate it, bully and harass you to send them money. **ESPECIALLY DO NOT LET THEM INSTALL TEAM VIEWER.** If they do get into your computer then turn off the internet and leave for a while - then change all your passwords.

This has happened recently and it was only the vigilance of the bank that the person was not scammed out of a lot of money.

If you receive such a phone call, please hang up and phone BT - but on a different phone line, to check it was them calling. Then please inform BT scam department. *Remember any one of us can be scammed, it is their job to be con artists - they are at fault not you.* Stay safe!!



Public Affairs Memo: WI campaigning news

NFWI Cervical Screening Survey

The survey is now live! You can take part by clicking [here](#). The survey is open to all women aged 25 and over who live in England, Wales, Jersey, Guernsey or the Isle of Man. All responses are confidential, there is no upper age limit, and it doesn't matter when you attended your last screening or if you have never been. The more responses the NFWI receive the greater impact the research will have, so please do share the survey with your friends and family.



WE NEED YOU! To join the WI's Climate Ambassadors scheme

Suffolk West currently has one Climate Ambassador in position (Lesli Tunbridge, Glemsford WI), but we'd love to have a team! If you feel passionately about protecting the climate then you could make a real difference as a Climate Ambassador. You can find out more about it [here](#).

This voluntary role is designed to fit around you and it is entirely up to you how you want to get involved! If you'd like to represent SWFWI please email NFWI Public Affairs at pa@nfwl.org.uk to register and also notify Rachel Hows at the WI Office.

The Climate Coalition recently organised a virtual event which Leslie attended. You can read her full report on the SWFWI website [here](#).

A Call to Increase Potential Stem Cell Donor

Registration Every twenty minutes someone in the UK is diagnosed with blood cancer. Often, replacing their cancerous blood cells through a blood stem cell donation is their best chance of survival. The WI calls upon WI members to promote registration.

Anyone wishing to become a donor can join the UK's registry by signing up to one of the charities below:

- [Anthony Nolan](#)
- [DKMS UK](#)
- [NHS Blood and Transplant](#)

Each charity has their own age policies. You can visit their websites for more information using the links above, you can also download an application form, following this you will be sent a swab kit which you can do from the comfort of your own home.

Cookery Corner This fortnight we have a delicious recipe for blueberry, honey and lavender Eton Mess submitted by Julie's sister, Gaynor Usherwood. It's perfect for a socially distanced summer get together!



Ingredients:

200g blueberries

2 tbsp runny honey

3-4 Lavender heads, plus extra petals to serve

150ml double cream

approx. 200g or 4 meringues, broken into pieces

1. Place the blueberries in a medium pan with 1 tbsp of water, 1 tbsp of the honey and the petals from the lavender heads. Set the pan over a medium heat and bring the mixture up to the simmer.

2. Cook the blueberries for 3-4 minutes, or until they are just beginning to soften and collapse. Remove the fruit compote from the heat and allow it to cool, then transfer to the fridge to chill.

3. When you're ready to serve, whip the cream with the remaining honey, until it holds soft peaks. Fold in the broken meringue pieces along with the blueberry compote, but take care not to over-mix – you want a nice rippling effect.

4. Spoon into 4 small bowls or glasses. Sprinkle each serving with a few lavender petals before eating.

Enjoy!

Teatime Teaser:

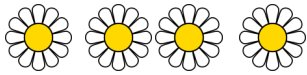
1. What is the name of the fluid secreted by a rubber tree?
2. On which river does the city of Dublin stand?
3. What breed of dog is a cross between a collie and a greyhound?
4. What is a reading desk in a church called?
3. What is a tower jutting out over the gate of a castle called?



Answers in the next issue!

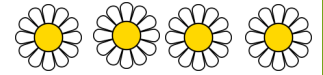
Science Quiz Answers (Issue 10):

1. The strength of earthquakes
2. Silver
3. In your leg
4. Sapphire
5. Caustic Soda



The Daisy Chain

Linking together our WI members across the county



Dalham & Gazely WI held their first monthly meeting in August following the lockdown.

It was certainly a different WI experience as chairs were disinfected and placed in a socially distanced circle, masks were worn and no food or drink allowed but none of that really mattered as we had made the first step and started our meetings again. It was so good to see everyone. We decided that our first meeting should just be a get together so that everyone could have a good natter and it would also give us the chance to discuss future meetings.

It was good to hear how we had all survived lockdown. A lot of us had been doing the same things. Lots of books had been read, miles had been walked, new recipes tried and tested and hours spent in the garden. But the indomitable WI spirit was not going to be squashed and bigger projects had been tackled. A new bathroom had been installed, a house move to the north of England negotiated and the problems of installing eight sets of blinds with non existent instructions overcome!!

Next month we will go ahead with our scheduled speaker and hopefully it won't be long before we can have our usual cup of tea. The next challenge is thinking of ways in which we can start up our book club again in a safe way.

Our first meeting had been a great success. Lots of smiles and laughter despite the masks!! It was good to be back.

Linda Hope, Treasurer

Great Ashfield & Badwell Ash WI After 5 long months we finally managed to get together for our usual August Garden Meeting. It was obviously different to previous years with social distancing, bringing our own chairs and refreshments and no cake to share!

Many thanks to Di Barker for hosting us in her lovely garden. It was lovely to see 20 of our members getting together for a good chat and catch up. We won't be back in the Long Thurlow Hall for a while so plan to do the same again in September, weather permitting.

Kate Sadler, Secretary

Bury WI Unable to hold our usual meetings, Bury WI have been keeping in touch with each other by phone, emails and a monthly newsletter. Recently, we organised a get together at Nowton Park and 28 members turned up with fold up chairs, and their own refreshments! Anxious to be socially distancing, we split into groups of six and formed bubbles to chat and catch up with news. We hope to do this again while the weather is good and hold some meetings by 'Zoom' in the near future, also a provisional booking for Christmas Dinner has been made as something to look forward to.

Isabel Glasscock, WI Member



Hadleigh Evening WI We had a coffee morning on the 11th August at The George in Hadleigh High Street. Outside, obviously, and extremely hot. It was lovely that 9 members could attend, and as you can see we all seemed to enjoy the opportunity to meet again. Coffee and strawberry gateau, and jugs of cold water helped to keep us slightly cool.



We also celebrated a very special birthday for Doreen Burnett who, unbelievably, was 90 the day before, so her slice of gateau had one candle on it.



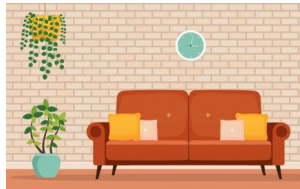
Glenn Abbassi, Secretary

Happy Birthday Doreen from Suffolk West WI's



Suffolk West On Your Sofa

Join Suffolk West from the comfort of your sofa for a series of informative and entertaining online Zoom events. We have something for everyone and best of all, it's only £4 per session, and open to members & non-members!



- Wednesday 2 September, 2pm
Let's Dance with Lucie Pankhurst
- Friday 4 September, 7pm
Let's Dance with Lucie Pankhurst*
*Please note this is a repeated session
- Tuesday 8 September, 7.30pm
The Wonder known as Stem Cells with Morwenna Degnan
- Wednesday 9 September, 7.30pm
'No enjoyment like reading': the importance of books in Jane Austen's novels with Imogen Usherwood
- Thursday 10 September, 7.30pm
The role Pathology has had on medicine through the ages with Morwenna Degnan
- Tuesday 15 September, 7.30pm
Zelda Fitzgerald the first flapper with Imogen Usherwood
- Thursday 17 September, 2pm
Let's Craft: Make a Gift Bag with Margaret Brackenbury
- Monday 21 September, 7.30pm
Leonardo da Vinci, the makings of a genius with Chloe Degnan
- Wednesday 23 September, 7.30pm
Architecture and Politics with Chloe Degnan
- Thursday 27 September, 7.30pm
In Search of the Vikings with Graham Higgins

More information for each event is included in the September mailing available from your WI Secretary.

If you'd like to book please contact the WI office (01284 336645 / office.swfwi@gmail.com). Sessions are £4 each and payment can be made by BACS or cheque. Zoom log in details will be emailed to you after you have registered and paid. Please check spam/junk boxes.

An Ode in answer to Gill Cooper

Oh Gill, I remember your days on the Board
I remember you as Chair of Sport,
When you told us you'd lead from the front or the back
Or maybe from starboard or port!
Do you recall the Federation trip to France
We travelled along on a whim,
I went along with my friend Sylvia
And you brought along husband Jim.
In Bayeux we saw the great tapestry
It was ever so long and so thin
It surprised us both in its intricacy
It even surprised Sylvia and Jim.
Then over the road, our lunch to sup
What did we have you say?
Why pâté and toast and cider in a cup
We could've stayed there the rest of the day.
So off to the cinema, a film to see
On the battle of Hastings and more,
I missed the chair and sat on Jim's knee
At least it wasn't the floor!
Yes Gill, we'll meet on our trusty steeds
We'll leave Graham at home doing jobs
On hills we'll reach some really great speeds
Whilst Jim's in his caravan polishing knobs!

Julie Higgins, SWFWI Federation Chairman

Office Information

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Fornham St Genevieve, Suffolk, IP28 6TS
01284 336645 | office.swfwi@gmail.com
Reg. Charity Number: 1179294

Open Tuesday-Thursday 10am-4pm

Payments can be made to SWFWI by BACS
Sort Code: 089299 | Account number: 65868449
(please include what the payment is for in the reference), or cheque made payable to SWFWI.