



Hello from the WI Office We're pleased to say the office will be back open to visitors from 1 February so feel free to pop in and see us, we can't wait to see you! For now if you could still wear a face mask we would be very grateful.



This issue is buzzing with new events for 2022 including all the hot gossip from the royals, craft workshops and a day trip to the National Arboretum. You'll also find everything you need to know about our **Federation Annual Meeting at Culford School on Thursday 7 April** and also your

last chance to register for NFWI's Annual Meeting in Liverpool this summer.

REMINDER! You can book our events by using the booking form on the back of this issue or through your WI Secretary. **Don't forget** we must have contact emails/numbers when you book, that also goes for group bookings!

The **deadline** for WI news for the next issue is **Wednesday 2 February**. You can also advertise your meetings/events that are open to all members. Send them to office.swfwi@gmail.com

♡ Rachel Hows and Rachel Sparks, WI Team

last chance to book!!



James Bond from an Architectural Point of View with Chloe Degnan

Friday 28 January | 7.30PM | Via Zoom

£5 (+80p booking fee) | Book via [Eventbrite](https://www.eventbrite.com)

Pour yourself a Martini (shaken, not stirred) and join Chloe Degnan, a third year student of architecture, to discover the world of James bond and how architecture influenced 007.



This February, as part of the Show the Love campaign, use the power of green hearts to show the WIs commitment to encourage everyone to take care of the environment 🌍

Members are already busy making green hearts to hang in their windows, porches, local shops, on trees, fences etc in their neighbourhoods. You can find how to get started and show the love on our website suffolk-west.thewi.org.uk/

Don't forget to share your creations at office.swfwi@gmail.com and we will feature them on our Facebook and Instagram.

WI Office, Unit 11, Park Farm Business Centre, Fornham St Genevieve, Suffolk, IP28 6TS

01284 336645 | office.swfwi@gmail.com | Reg. Charity Number 1179294

Open Tuesday-Wednesday 10am-4pm & Thursday 10am-2pm

BACS: SUFFOLK WEST FED OF WOMEN'S INSTIT | Sort Code: 089299 | Account number: 65868449



CANCELLED **soup n natter** *at Park Farm*

Hello all the wonderful Soup n Natter ladies.

I'm sorry to have to tell you this but for the time being Soup n Natter lunches are on hold. My husband has just had major surgery and is well on the road to recovery, but he needs me to be at home at the moment.

I will not be able to commit to the lunches for a

*couple of months, so unfortunately **both February and March are cancelled**, but I will let you know when I am back up and running. The WI Office will be contacting you shortly with a full refund.*

Thank you for your understanding and I look forward to seeing you very soon.

Take care, Yvonne x



Secrets, Sex, Scandal & Salacious Gossip from the Royal Court with Sarah Slater

Monday 28 February | 7PM | Via Zoom

£5 | Book via [WI Office](#) or [Eventbrite](#)*

You might remember Sarah Slater gave us a fabulous talk in 2021 on the Ghosts of Hampton Court Palace. Well she's back and this time she's going to spill the beans!

*Please be advised Eventbrite add an 80p booking fee



CRAFT & CHAT



Park Farm | 10AM-12PM

Monday 28 February | 21 March | 25 April

£2 per member | Book via [WI Office](#)

Bring along the craft you are currently working on and tend to it over a natter & cuppa with other crafty minds.



Spring Wreath Workshop



Monday 28 March | 10AM-3PM | Sturmer Village Hall

£25 per member | £27 per non member

Book via [WI Office](#)

A two-part workshop with tutors Jo Porth and Liz Leeds who will demonstrate how to create a spring wreath using fresh materials & needle felt decorations.

You will need to bring: suitable fresh greenery (ivy, pittosporum, ruscus, euonymus, box, escallonia or eucalyptus) for your wreath, as well as lunch & cold drinks.

Coffee/tea and biscuits and needle felting materials will be provided.

FEDERATION ANNUAL MEETING

THURSDAY 7 APRIL 2022
DOORS 9.15AM | 10AM MEETING
CULFORD SCHOOL
FROM £17 PER MEMBER
DELEGATES GO FREE*

with guest speakers...

Paul Martin & Sandy Ruddock



This is your chance to finally hear our two acclaimed speakers at our first face-to-face meeting since 2019!

Find out how Paul Martin who is best known for presenting BBC One's FLOG IT! became presenter.

Or how Sandy Ruddock established Scarlett & Mustard in 2012, producing a range of award winning condiments using locally grown ingredients.

Your ticket includes **FREE** parking and complimentary tea/coffee from 9.15am. We are also offering a buffet lunch option including sandwiches, sausage rolls, scones, tarts, fruit and homemade cake and a drink. Alternatively you are welcome to bring your own lunch.

Tickets are split into two categories: **General admission £17** (incl. tea/coffee on arrival)

Tickets on sale until Thursday 3rd March.

VIP Admission £23 (incl. tea/coffee & buffet lunch)

WI delegates go **FREE!** Buffet lunch is **£6**.

Ask your WI Secretary about being your WI's delegate!

You can book via the [WI Office](#) or your WI Secretary.
We don't mind how you book just don't miss out!

MYTH BUSTER! We'd like to take this opportunity to explain why this year we've changed venue.

- In recent years we have sadly seen less and less members supporting our event. The cost of The Apex and the hire of their facilities is not viable if we don't fill it, hence we have chosen to try Culford School as a smaller and affordable venue.
- We realise its location isn't central and know there are concerns about members who rely on public transport. Please lift share where possible & help those who don't drive to be able to attend, and remember parking is **FREE!**
- Nothing is set in stone and if the annual meeting is well supported again in the coming years then we will re-consider venues.

Make a **Junk Journal**

Monday 25 April | Sturmer Village Hall | 10.30AM - 2.30PM

Friday 29 April | Park Farm | 10.30AM - 2.30PM

£18 per member | Book via [WI Office](#)

So what is Junk Journaling? Well it's a way of storing mementos from various events and special occasions, i.e. theatre tickets, photos, cards, invitations or even pressed flowers.

You know how we like to collect all those little things as they mean so much to us then as time passes they get lost at the back of a drawer, junk journaling is a way to keep your precious memories safe. So start rummaging and dust off those memories to create something special!

You will need to bring: your memorabilia and lunch. All other materials will be provided.



National Arboretum Coach Trip

Tuesday 17 May | Staffordshire

£40 per member | £42 non members

Book via [WI Office](#)

Originally planned as part of our Centenary Celebrations in 2020 we will finally be visiting the National Arboretum this May.

The National Memorial Arboretum is a site of remembrance in Staffordshire to honour the fallen, recognise service and sacrifice, and foster pride in the British Armed Forces and civilian community.

Enjoy discovering almost 400 memorials nestled amongst some 25,000 trees, experience riverside walks and participate in daily activities including: land train tours and memorial talks.

It inevitably will be a long day, but a journey worth making!

Coach pick up points include: Sudbury 7.30am, Bury St Edmunds 8am and Newmarket at 8.30am

Anticipated arrival at the Arboretum is 11.30am. You will have all day to explore. Food and drink is available on site or if you prefer you can pack a picnic. The use of the Land Train is included in your ticket cost which will make getting round the site much easier or you can of course walk. The coach will depart for Suffolk at approx. 4.30pm.



SALE

Support our Federation and nab yourself a bargain at the same time!

Our Centenary Mugs which were designed by Alison Gardiner to mark our 100th birthday are now reduced from £10 to **£7 each!** You can order yours using the booking form on the back of this issue.

We also have a special bulk buy price for WI orders of ten (or more) mugs at **£5 each.** Why not spruce up your mug tree!



NFWI Annual Meeting 2022 Coach Trip
Liverpool | Friday 10 - Sunday 12 June
£192pp* | Book via [WI Office](#)

**includes hotel, travel & event ticket.*

last chance to book!!

NFWI's 2022 Annual Meeting is in Liverpool at the M&S Bank arena on Saturday 11 June.

With Liverpool being more than a stone throw away we've booked a two night stay at the Premier Inn Widnes (approx. 30 minutes outside of Liverpool). Rooms are all single occupancy and include breakfast and a two course evening meal.

Coach pick up points include Sudbury, Bury St Edmunds and Newmarket on Friday 10 June and we return on Sunday 12 June (timings to be confirmed).

If you've never been on one of our Annual Meeting expeditions before then expect plenty of fun!

On our way we stop for lunch and once we arrive at Widnes you are free to do what you choose. Transport is provided to and from Liverpool on Saturday, but if you wish to stay in the city after the Annual Meeting for shopping or dinner you will need to book your own transport back to Widnes. For those who want to head back to the hotel we hope to take a scenic tour out of the city.

The next day, on our journey home, we usually stop at a tourist attraction.

Tickets are limited and therefore it may be necessary to hold a ballot if we are inundated with requests.



Register by **31 January 2022**. After this date you will receive confirmation if you have been successful, along with a deposit request and payment options.

WALSHAM WILD WOOD

*Is your WI looking for somewhere new to explore outdoors?
 Walsham Wild Wood might be able to help!*

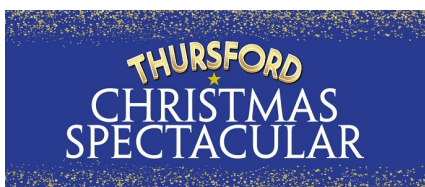


Planted in 2012 by local villagers and managed by volunteers, Walsham Wild Wood received over 420 saplings from the Woodland Trust plus an oak sapling from Sandringham Estate as part of a national drive to plant more trees.

Throughout the year they host a variety of events including an Easter egg hunt, a pumpkin trail, yoga classes, scything classes and pizza picnics in the wood.

Anyone is welcome to visit and they are delighted to be able to host visits for WIs in May or September.

Contact Lorna on 01359 259140 or mackinnonlorna@gmail.com



SAVE THE DATE!

2 December 2022

Make a note and look out for more information next month!

Name:	WI:	Email:
Tel:	Address: (for posted items)	

Event	Ticket price	No. required	Names & Email Addresses	Other information
Secrets, Sex, Scandal... Monday 28 February 7PM Zoom	£5			Book via WI Office or Eventbrite
Craft & Chat 28 Feb 21 Mar 25 Apr 10AM-12PM Park Farm	£2 per member Paid on the day			Please tick session(s): <input type="checkbox"/> 28 Feb <input type="checkbox"/> 21 March <input type="checkbox"/> 25 April
Spring Wreath Workshop Monday 28 March 10AM-3PM Stumer Hall	£25 per member £27 non member			Bring your own lunch.
Federation Annual Meeting Thursday 7 April 2022 10AM Culford School	£17 £23 incl. lunch			Dietary requirements if opting for lunch:
Make a Junk Journal Monday 25 April 10.30-2.30 Sturmer Hall	£18 per member			Bring your own lunch.
Make a Junk Journal Friday 29 April 10.30-2.30 Park Farm	£18 per member			Bring your own lunch.
National Arboretum Tuesday 17 May Staffordshire	£40 per member £42 non member			Coach pick up point:
NFWI Annual Meeting 2022 10-12 June 2022 Liverpool	£192 per member			Please include email addresses

Item	Price & PP	No. required	All our merchandise is available to collect from the WI Office.
SWFWI Mug	£7 (+£3.20 p&p)*		*Combined postage for multiple items (excl. mugs) is £1.50 *Combined postage for multiple items (incl. mugs) is £3.50
SWFWI Tea Towel	£5 (+90p p&p)		

PAYMENT DETAILS (Please include a reference (i.e. name of event/item) with payment).

Total paid:	By:	BACS (See front of Hive for bank details)
		Cheque (payable to SWFWI)
		Online payment (contact the WI Office for your link)

IMPORTANT INFORMATION

- Postage prices are for individual orders only and **not** bulk orders by WIs. Contact the WI Office for larger orders.
- Tickets will be issued via email ten days before the event. Please include an address if you would like them posted.
- Ticket cancellations: If you can no longer attend an event contact the [WI Office](#) within seven days of the event. A refund is only possible if the ticket can be resold. A £2 administration fee will be charged.