

Craft Projects to enhance the care of patients at West Suffolk NHS Foundation Trust



Knitting and Crocheting:

Blankets of all sizes are needed for a variety of patients.

We need small blankets for our **neonatal babies**. These should be of a tight knit to avoid catching little fingers and toes.

Medium sized lap blankets for our **dementia patients**. Bright colours and twiddly things are allowed to help calm and distract the patient. They can go around their shoulders or on their laps and help the patient distinguish their own bed space amongst all the others in a busy bay. These should always be medium sized to avoid being a trip hazard.

The palliative care team would love blankets for their **end of life patients**. These will then go home with their loved ones to be treasured. They need to measure 122cm x 122cm and can be whatever design or colour/s you choose.

Twiddlemuffs

These are a brilliant aid to help the hospital's dementia patients. Bright colours, fun twiddly things all help to calm and distract the patient. Use your amazing creativity to knit these aids. There are some great ideas online including handbags so the patient can take things in and out.

End of life bears

These can be made using a pattern available by contacting sally.daniels@wsh.nhs.uk. They are given to the patient in their last few days of life and then will travel onwards with them or go home with their loved ones.

Sewing:

If sewing is your forte then blankets are still much needed. The neonatal unit love small quilts to place over their incubators for the babies to look at. Black and white patterns work especially well.



Enhancing care for you, your family, for life.